# ÖSTERGÖTLANDS STADSMISSION

# Every day we work for a more human society.

Stadsmissionen supports vulnerable individuals and families experiencing difficulty due to social and financial reasons. Helping people in need has been our mission since 1972. Stadsmissionen operates in several locations around Östergötland, Sweden as a nonprofit organization. Our goal is a more human society.

#### How we work

We address societal issues and work systematically to help people go from exclusion to inclusion. We strive to help empower individuals to improve their overall life situation. As advocates, we strive for better communities.

#### Poverty and exclusion

We encounter people living in poverty every day. Not having enough food at home to last you the whole month, lacking properly fitting clothes or not feeling needed is very difficult. Stadsmissionen provides emergency support offering food and warm clothing, as well as long-term efforts for change such as work-training. Stadsmissionen 's social companies (3 thrift stores, a café and a restaurant in Östergötland) are our tools in creating new life chances.

# Homelessness, housing, and addiction

Too many people in our county live day by day lacking housing stability. Substance abuse and illness can make it challenging to lead a decent everyday life. Stadsmissionen offers open facilities, outreach teams, various types of housing support and acts as a bridge between individuals. authorities, and healthcare providers.

## Children and youth

More than 20,000 children in Östergötland are living in poverty, which often means they can't have enough food. Stadsmissionen offers various programs to secure their upbringing by providing for basic needs as food and clothing, homework help, mentoring, valuable recreational activities and family support.

#### Protection and treatment

Every day, we encounter women who are victims of domestic violence. Their children are often caught in the middle and the family often needs to move frequently to seek safety. Stadsmissionen offers protected housing for women and children in need as well as support and treatment.

#### Join us in our struggle!

You can help by signing up for voluntary work, offering your financial support (see bank details down below) or by shopping at any of our social companies. Welcome to visit our website for more information!

# stadsmissionenost.se

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